

## Guide of Best Practices

### TEMPLATE

#### Activities of disabled people/brotherhood society “Nema”

**Latvia**

#### **Action Personal Card**

Name of the best practice:	<b>Activities of disabled people/brotherhood society “Nema”</b>
Country, region, municipality:	Latvia, Dagda local municipality ,
Responsible organisation (name and type, e.g. municipality, museum, NGO, etc):	<b>Disabled people society “Nema”</b>
Partner organisations (if applicable):	Dagdass local municipality
Period of implementation (start year and end year or if it's ongoing):	The Brotherhood NEMA was founded on 28 September 2006 and consists of 22 members.
Problems it wanted to solve	By learning craft skills, people with disabilities can develop skills(talents), express themselves in jobs and through them to demonstrate their identity, build self-awareness and recognise that every person is unique.
<b>Goal:</b>	The purpose of society is to bring people with disabilities together, to encourage their participation in the development of society, promote active self-education and spiritual development, organising charity events, cooperate with local government, business and other non-governmental organisations, promoting the preservation of the traditions of the senile, promoting and supporting voluntary activities.
Description of the good practice (max 1000 words):	A number of activities takes place within the framework of the European Aid Programme. There is a soup kitchen, a workshop, health-enhancing lessons, cooking healthy meals and tasting. The mayor group is the vulnerable, deprived and disadvantaged socials of Dagda municipality and multi-child families and persons with disabilities. For several years now, we have been hosting events for Children Protection Day, the Day of the elderly people and the Day of Invalids.
Impact (short term and long term if applicable):	The Brotherhood's NEMA motto is from Lučano de Kreschenthal's opinion “We're all, like one-wing angels. And only if we help each other, can we fly.”
How citizens <b>participated</b> in developing and implementing the action (please stress if the vulnerable groups where involved):	Yarn, textiles and ornamental elements are transformed to the doll. The author of the dolls is a blind woman. When I read back “Nema”, THE word AMEN is formed, the translation means TO TAKE PLACE. That means accepting what life puts before each of us. To live with the disability granted, with your own opportunities, not to be

	<p>isolated, but to seek to find your place in life and to be a useful, self-affirming member of society.</p> <p>The essence of the brotherhood is the promotion of tolerance inside the society and among others, because we look for common interests and opportunities to realise them in terms of their nationality and belief. We don't have any health problems, we're all right, a healthy man is the one who has a soul and is a man without a diagnosis, he's not healthy and he's much worse in society, we're trying to live, so that you're with yourself, with God, so that you don't get around the others. We've all gathered here with the same thoughts, with the same goals, so we're fine here.</p>
<p><b>For those who want to know more</b> (insert link where more information on the action can be found):</p>	<p><a href="http://www.dagda.lv/nvo/invalidu-braliba-nema.html">http://www.dagda.lv/nvo/invalidu-braliba-nema.html</a>  <a href="https://lpr.gov.lv/event/invalidu-bralibas-nema-darbu-izstade-dagda/#.XPvbWvn7TIU">https://lpr.gov.lv/event/invalidu-bralibas-nema-darbu-izstade-dagda/#.XPvbWvn7TIU</a>  <a href="https://lr1.lsm.lv/lv/raksts/pecpusdiena/ari-cilveks-ratinkresla-var-dejot-ja-vien-vinam-notic.a77123/">https://lr1.lsm.lv/lv/raksts/pecpusdiena/ari-cilveks-ratinkresla-var-dejot-ja-vien-vinam-notic.a77123/</a></p>
<p>Please <b>identify qualities</b> that make this action a good practice and/or social innovation (max 300 words)?</p>	<p>People take active part in social life, to offer souvenirs for tourists. One day per week dedicated to goodness: “NEMA” is issuing European food packages to disadvantaged people on a voluntary basis. The local government has established premises for this purpose. At the same time, second-hand clothes, footwear, other belongings are offered.</p> <p>Every Wednesday is Grace Day. Then the city's residents here can leave minors looking after by experienced nannies for a couple of hours, while their parents go to the doctors or to the municipality for a safe heart. There are dancing lessons on Wednesdays that many prefer. Everyone knows you can come dancing this day with disabled people, including strollers. Ours are dancing on the big stage at the Dagda people's house.</p>
<p>Please identify <b>success factors</b> in implementation of action (max 300 words).</p>	<p>Support from Dagda local municipality, an active leader of brotherhood “Nema”.</p>
<p><b>Local development:</b> How has the action contributed to local development? (max 300 words)</p>	<p>“Nema” is an adult organisation, but calls for disabled children in its regiment. “We teach them – no matter how hard a diagnosis is, don't get scared, live, not be denied,” Understanding of other people, one of tourisms object in town.</p>
<p><b>Sharing is Caring:</b> what would you advise to some other organisation that would like to implement similar action in their local community?</p>	

**Attach photos of the action**  
(as a separate document):



	
<p><b>Optional:</b> other material relevant for good practice (links to publications or video material)</p>	<p> <a href="http://www.dagda.lv/nvo/invalidu-braliba-nema.html">http://www.dagda.lv/nvo/invalidu-braliba-nema.html</a>  <a href="https://lpr.gov.lv/event/invalidu-bralibas-nema-darbu-izstade-dagda/#.XPvbWvn7TIU">https://lpr.gov.lv/event/invalidu-bralibas-nema-darbu-izstade-dagda/#.XPvbWvn7TIU</a> </p>